Grafton Recreation





















Programs & Events

Town of Grafton Recreation Department

Grafton Memorial Municipal Center | 30 Providence Rd. | Grafton, MA 01519

508-839-5335 x1156 | recreation@grafton-ma.gov | GraftonRec.com





@GraftonRecDept

Grafton Recreation Important Information

Registration can be done online at www.graftonrec.com or at the Recreation Office

Policies:

- Programs are offered to Grafton and non-Grafton residents.
- · All programs offered on a first come, first serve basis.
- All registrations are due no later than one week prior to the start of the program, unless otherwise stated.
- · Registrants may only sign up themselves or immediate family members only.
- Confirmation of enrollment in a program will be sent via e-mail upon the completion of registration.
- We do not discriminate based on race, religion, color, nationality, origin, sexual orientation or persons with disabilities.
- The Recreation Department is not responsible for lost, misplaced, or stolen items.
- No electronic devices of any kind are allowed in any program. No cell phones.
- The Recreation Department cannot dispense medication. Please make arrangements if your child needs medication.
- The Recreation Department and/or press will take photos of programs for publicity purposes.
- Additional waiver forms may be required based on vendor.
- We reserve the right to cancel, change or consolidate classes when necessary.
- Each program has age requirements which will be strictly enforced.
- Parents/guardians are responsible for signing in and out their child on a daily basis.
- It is the parents/guardians responsibility to pick up your child on time. First offense is a warning, second offense \$10.00 per 15 minutes late.
- Any staff member may ask that your child stay home if there are behavioral issues.
- Please apply sunscreen to your child prior to attending any program and bring additional sunscreen in a backpack. Staff will remind your child/ children to reapply sunscreen. But will not be able to apply sunscreen to your child / children.
- · All programs are peanut free.

Scholarships are available only to Grafton residents.

Applications are available in the Recreation Office and online at graftonrec.com.

Refunds: Given only upon that -

- A) the class is cancelled due to low enrollment
- B) the course requested is already filled
- C) a partial refund for a medical reason (a doctor's note required),

Programs will <u>not</u> be prorated/refunded if the participant misses any portion. A \$20.00 processing fee can be charged for refunds.

For further information, please call the Recreation Office at 508-839-5335, x1156. Please check out www.graftonrec.com for the latest updates.

Recreation Director: Jen Andersen Office Manager: Kerri Arsenault

Grafton Recreation Commissioners

Kristen Belanger, Chair Bob Fitzpatrick Stephen Crowley Gina DaLan

Table of Contents

SPRING

Pre-S	School/Tot	
	Jr. Hoopsters Basketball	1
	Mini Soccer / T-Ball	2
Youth	n	
	Dodgeball	3
	CyberSafe - Internet Safety	4
	Home Alone Safety	5
Adult	t	
	Zumba	5
Youth	h/Adult	
	Watercolor Class & Workshop	6
APRIL VACA	ATION	
Youth	n	
	Horseriding Lessons	7
	Outdoor Adventure	7
SUMMER		
Event	ts and Concerts	8-9
Silve	r Lake Beach and Swim Lessons	10-12
Sumr	mer Youth Program	13-14
Pre-S	School/Tot	
	Tiny Hawks & Mini Hawks Sports	15
	Quick Start Tennis	15
Youth	n	
	Multi-Sport, Tennis & Volleyball	16
	Babysitting Certification	17
	Home Alone Safety	17
	LEGO Engineering	
	Live Action Flix/Lego Flix	20
	Animation Flix/Minecraft Flix	
	Golf	22
	Horseback Riding Lessons	23
	Outdoor Adventure	24

FIELDS AND FACILITIES

Airport Park: 8 Bedford Dr., North Grafton

Brookmeadow Park: 377 Providence Rd., South Grafton **Fisher Park/Ferry St. Park:** 114 Ferry St., South Grafton

Grafton Lions Club: 68 Brigham Hill Rd., Grafton Grafton High School: 24 Providence Rd., Grafton Grafton Middle School: 22 Providence Rd., Grafton Grafton Municipal Center: 30 Providence Rd., Grafton

Millbury Street Elementary School: 105 Millbury St., Grafton

Miner Field /Norcross Park: 14 North St., Grafton

Nelson Park: 6 Prentice St., North Grafton

North Grafton Elementary School: 44 Waterville St., North Grafton

North Street Elementary School: 60 North St., Grafton

Perry Hill Park: 3 Perry St., North Grafton

Riverview Park: 176 Providence Rd., South Grafton

Silver Lake Beach: 245 Upton St., Grafton

South Grafton Elementary School: 90 Main St., South Grafton

YOUTH ORGANIZATIONS AND TOWN LEAGUE CONTACTS

Grafton Mens Softball: Stephen Nicalek - snicalek@gmail.com

Grafton Youth Baseball: www.graftonlittleleague.org

Grafton Cricket: Shripad Nandurbarkar - shripadn@gmail.com

Grafton Youth Lacrosse: www.graftonlacrosse.com

Grafton Youth Football and Cheer: www.graftonyfc.com

Grafton Youth Soccer: www.gscsoccer.org

Grafton Youth Softball: www.graftongirlssoftball.com

PRE-SCHOOL/TOT: JR HOOPSTERS BASKETBALL

This co-ed program has been designed to teach the fundamental skills of basketball in a fun and cooperative environment. Participants will be taught to catch, dribble, pass, and shoot the ball. Individual skill development is the main focus of the program.

This is an instructional program. Equipment will be provided.

Be sure to bring water. Outdoor shoes are not allowed in the gym.

Dates:

Session 2: March 5 - April 2, 2016

Day: Saturdays

Age/Time:

Pre-K: 9:00 - 9:45am

K - 1st grade: 10:00 - 10:45am **2nd-3rd grade:** 11:00 - 11:45am **K - 1st grade:** 12:00 - 12:45pm

Location: North Grafton Elementary

Instructor: F.A.S.T Athletics

Register By: 1 week prior to session

Minimum/Maximum: 8/30



PRE-SCHOOL: MINI SOCCER

Shoot it, trap it, kick it! Participants will learn fundamental skills from coaches through unique drills, games, teaching techniques, trivia and more.

Emphasis will be on learning, participating and having FUN in an appropriately competitive atmosphere. Skills taught include dribbling, passing, shooting and more. The clinic culminates with tournament day!

Please bring appropriate sized soccer ball, appropriate clothing and water bottle.

Age: 3.5 - 5 year olds

Days: Saturdays

Dates: May 7- June 11, 2016

Time: 9:00 - 9:45 am

Location: Miner Field at Norcross Park

Instructor: Thundercat Sports Register By: April 25, 2016 Minimum/Maximum: 8/12

Cost: \$75



PRE-SCHOOL: T-BALL

Come have a ball with Thundercat Sports and America's pastime! This program will focus on teaching individual skills and reinforcing them in a fun and enthusiastic atmosphere and not on traditional positions, rules and team play. There will be some traditional baseball aspects but also non-traditional games and activities which will produce a fun learning environment.

Please bring appropriate clothing, baseball glove, and a water bottle.

Age: 3.5 - 5 year olds

Days: Saturdays

Dates: May 7- June 11, 2016

Time: 10:00 - 10:45 am

Location: Miner Field at Norcross Park

Instructor: Thundercat Sports Register By: April 25, 2015 Minimum/Maximum: 8/12



YOUTH: AFTER-SCHOOL DODGEBALL

The most intense and exciting program you have ever seen. The students will learn how to work together, strategize and exercise without even knowing it! There are tons of creative and competitive dodgeball games incorporated into this program – there will never be a dull moment!

Gatorskin dodgeballs will be used which are proven to be the safest dodgeballs out there!

Safety rules and regulations will be enforced before each class.

Age: 2nd - 6th grade

Day: Tuesdays

Dates:

NORTH STREET

MILLBURY STREET

Session 1: March 8 - April 5, 2016

Session 2: May 3 - May 31, 2016

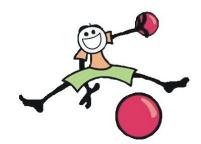
Time: 2:30 - 3:30 pm

Location: North Street School **Instructor:** F.A.S.T. Athletics

Register By: 1 week prior to session

Minimum/Maximum: 8/40

Cost: \$65



Age: 2nd - 6th grade Day: Wednesdays Dates:

Session 1: March 9 - April 6, 2016 **Session 2:** May 4 - June 1, 2016

Time: 3:00 - 4:00 pm

Location: Millbury Street School **Instructor:** F.A.S.T. Athletics

Register By: 1 week prior to session

Minimum/Maximum: 8/40



YOUTH: CYBERSAFE - INTERNET SAFETY

Cybersafe covers the topic of internet safety through interactive, non-threatening and entertaining lessons. Participants learn how to stay safe while enjoying the freedom of the internet.

Age: 8-11

Day: Tuesday

Dates: March 29, 2016 **Time:** 2:45 - 4:45pm

Location: North Street School Instructor: Century Health Register By: March 22, 2016 Minimum/Maximum: 8/20

Cost: \$

Century

Health Systems

Age: 8-11

Day: Wednesday **Dates:** April 6, 2016

Time: 3:15 - 5:15pm

Location: Millbury Street School

Instructor: Century Health Register By: March 30, 2016 Minimum/Maximum: 8/20

Cost: \$

SSION 1

YOUTH: HOME ALONE SAFETY

This class is designed for children who are unattended for short periods of time. Children will learn telephone and door answering techniques, accident and fire prevention and first aid skills. Please bring a peanut-free lunch or snack and a drink.

Age: 9-11 years old

Days: Wednesday

Dates: April 6, 2016

Time: 4:00 - 6:00pm

Location: Municipal Center Conference Room E

Instructor: Ceil Thurber

Register By: March 30, 2016 Minimum/Maximum: 10/20

Cost: \$45



ADULT: ZUMBA

This is a fun way to condition and exercise your body. It is dance based aerobic class with Latino moves and music, spiced with other great styles – twist, hip hop, country dance, tango, 70's, and belly dance. You will work up a sweat not even knowing that you are exercising.

No experience required, anyone can join and have fun with us. You will need to bring water to class.

Age: 21+

Days: Mondays

Dates: April 4 - May 23, 2016 (no class on 4/18)

Time: 6:00-7:00pm

Location: Municipal Center Gym, 30 Providence Rd.

Instructor: Martha Convers
Register By: March 28, 2016
Minimum/Maximum: 14/35



YOUTH/ADULT: WATERCOLOR WORKSHOP

A fun, basic introduction to watercolor tools & techniques. You will explore color, design, and composition and create a beautiful masterpiece!

All materials are included in the workshop fee.

Age: 14+

Days: Saturday

Dates: February 20, 2016 **Time:** 9:00 am - 12:00pm

Location: ArtMark Studio, 198 Worcester St., Grafton

Instructor: ArtMark Studio

Register By: Sunday, February 14

Minimum/Maximum: 4/8

Cost: \$50

YOUTH/ADULT: LEARN TO WATERCOLOR

You will start with basic materials and add the right tools & techniques. Spend 5 weeks in the studio exploring a variety of methods and work on still lifes and landscapes. On Saturday April 2, you'll meet at the Worcester Art Museum together to observe & learn from the Masters. Let's grow your artistic spirit! All class materials are included in the course fee.

Age: 14+

Days: Wednesdays plus 1 Saturday

Dates: Wed. March 9, 16, 23 and April 6 plus Sat. April 2, 2016

Time: Wednesdays 6:30pm - 8:30pm, Saturday 10:00am - 12:00pm

Location: ArtMark Studio, 198 Worcester St., Grafton

Instructor: ArtMark Studio Register By: March 2, 2016 Minimum/Maximum: 4/8



YOUTH: HORSE LOVERS

Learn how to ride and care for horses in this Horse Lovers Program. Students will groom and ride their horses each day under the supervision of seasoned riders and a licensed and insured instructor. No experience necessary. Our horses are gentle teachers with an aptitude for amateur riders.

Students must wear long pants and boots with a small heel. No Sneakers.

Helmets will be provided. Parents must sign a liability waiver.

Bring water and small snack.

Age: 6-12

JACATION WEEKS

Days: Monday-Thursday
Dates: April 18-21, 2016
Time: 9:00am-12:00pm

Location: Hillside Meadows
Instructor: Hillside Meadows
Register By: April 11, 2016
Minimum/Maximum: 6/10

Cost: \$220



YOUTH: OUTDOOR ADVENTURE

Be a sportsperson for the week; take a hike on Grafton Land Trust property, learn about and partake in archery, using a compass, going fishing, canoeing and more.

All participants will need to bring the following supplies each day: backpack with spring weather gear, hat, gloves, good spring boots, change of clothing, and extra socks along with water and a lunch and snack daily, preferably peanut-free.

Age: 6-14

VACATION WEEKS

Days: Tuesday-Friday
Dates: April 19-22, 2016
Time: 9:00am-2:00pm

Location: Lions Club, Brigham Hill Rd., Grafton

Instructor: Fin & Feathers
Register By: April 12, 2016
Minimum/Maximum: 5/60







Special Events

May 7: 27th Annual Grafton Gazebo Road Race

Time: 10am

Location: Starts at Grafton Police Station

Details: A 5 mile wheel measured run following scenic roads and a gradual uphill ascent through Grafton Common. Register before April 1 for a

free t-shirt!

June 18: Big Truck Day

Time: 10am-noon

Location: Grafton High School

Details: Free. Rain or Shine. First 200 kids get free hats! Don't forget your

camera for photos!

June 18 & August 21: Doggie Dip Day

Time: 11am-2pm

Location: Silver Lake Beach

Details: Free. Take your 4-legged friend for a swim. Donations accepted of

pet supplies, bedding and food for a local shelter.

July 6 - Oct. 5: Farmers Market

Time: Wednesdays from 2-6:00pm

Location: Grafton Common

Details: Rain or Shine. Support your local farmers while

shopping for fresh produce, goodies and more.

Grafton FARMERS MARKET

August 6: Build a Sand Castle Day

Time: 1-5pm

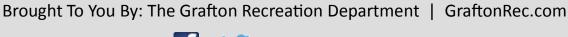
Location: Silver Lake Beach

Details: Bring your supplies to build your masterpiece.

Prizes awarded for most creative and original sand

castle. Beach pass required.











2016 Contaction the Common

July 13

THE BRASS CONNECTION

Pops style brass band showcasing swing, light classics, and rock n' roll (Watertown, MA)



July 20

GOPHERBROKE

Classic and Country Rock
(Manchester, CT)

July 27

BEATLES FOR SALE

Award-Winning Beatles Tribute Band (Whitinsville, MA)





August 3

MACEY AND HART

All of Your Favorite Country Hits

August 10

THE BUZZTONES RHYTHM REVIEW

Roots, Rock and Soul Stew with a side order of Blues & Funk (Marshfield, MA)

August 17

TBD

BROUGHT TO YOU IN PART BY:



FREE | Start Time: 6:30pm | Bring Your Blankets and Lawn Chairs!

Location: Grafton Common, Grafton, MA | Rain Location: Grafton Municipal Center

Brought to You By: The Grafton Recreation Department | GraftonRec.com



SILVER LAKE BEACH

Silver Lake Beach, located at 245 Upton St. in Grafton, is open to both residents and non-residents and operated by The Town of Grafton Recreation Department. The beach is open daily from 11am –7pm, weather permitting, from June 19 - August 20, 2016.

SEASON PASSES	Family (for immediate family only)	Individual	Senior (65+)* (valid for up to 2 people)
Resident	\$45	\$20	\$10
Non-Resident	\$75	\$40	\$20

Additional Stickers and Replacement Stickers are \$20 for residents, \$40 for non-residents.

DAILY PASSES**	Per Car (for up to 5 people)	Per Person	Senior (65+)*
Resident	\$12	\$5	\$3
Non-Resident	\$18	\$7	\$5

^{*}Seniors must bring proof of age. **Under 2 no charge when accompanied by an adult over 18.

HOW TO PURCHASE BEACH PASSES:

- Season Passes can be purchased online via credit card at GraftonRec.com and picked up at the Recreation Office or Silver Lake Beach (once in operation) OR by cash or check at the Recreation Office or directly at the beach (when open). Season Passes must be hung from the vehicle's rearview mirror. If a pass is lost or misplaced, a replacement fee will be charged.
- Daily Passes are only available at the beach. Daily Passes must be displayed on the dashboard.

PARKING REGULATIONS:

- These rules and regulations are intended to promote the safety and convenience of all who use the facilities at Silver Lake Beach, as well as allow for maximum use of our parking area. To that end, these parking regulations will be strictly enforced.
- Any person wishing to park a vehicle at Silver Lake and use the facilities must obtain a beach pass.
 All parking at Silver Lake Beach is at vehicle owner's risk. Vehicles may park at Silver Lake only during posted hours. Vehicles must leave promptly at closing time.
- Vehicles must park in designated areas directed by staff. If the parking lot is full, vehicles MAY NOT park on Route 140. A parking lot attendant will be on duty.

ALL PATRONS MUST FOLLOW ANY DIRECTION GIVEN BY THE ATTENDANT OR BY OTHER STAFF AT SILVER LAKE.

SUMMER

PRE-SCHOOL/YOUTH: SWIM LESSONS

Our swim programs are taught by certified Red Cross staff and held at Silver Lake Beach in Grafton. Classes are 1 hour in length. Weekday programs are held Monday-Thursday for two consecutive weeks with any make-ups held on Fridays. The weekend program is held on Saturdays for 7 weeks with a make-up, if necessary, at the end of the program.

A CURRENT SILVER LAKE BEACH SEASON PASS IS REQUIRED IN ORDER TO PARTICIPATE IN SWIM LESSONS.

WEEKDAY PROGRAM

Age: 3+

Days: Monday - Thursday*

Dates:

Session 1: July 5 - 14, 2016*

Session 2: July 11 - 21, 2016

Session 3: July 25 - August 4, 2016

Times: Based on level, see below **Register By:** 1 week prior to session

Cost: \$55/child

WEEKEND PROGRAM

Age: 3+

Days: Saturdays

Dates: June 25 - August 6, 2016 **Times:** Based on level, see below

Register By: June 18, 2016

Cost: \$48/child



^{* (}the 1st week of this session will be held Tuesday-Friday)

CLASS DESCRIPTIONS AND TIMES

LEVEL 1

This course is designed to help the non-swimmer feel comfortable in the water and enjoy the water safely. We will introduce bubble blowing, kicking with support, basic arm movements, and floating with support. Emphasis will be on having fun while learning the basics.

LEVEL 2

This class will focus on beginner level skills. Children will be working on front and back floats, blowing bubbles, kicking and the introduction of the front crawl. The objective of the class is to give students success with swimming. Students must be able to put their face in the water comfortably for a 3-second count.

TIMES

Session 1: 9:45am, 11:30am, 5:30pm

Session 2: 9:45am, 3:30pm, 5:30pm **Session 3:** 9:45am, 1:00pm, 5:30pm

Saturdays: 10:00am

Minimum/Maximum: 3/varies

TIMES

Session 1: 9:45am, 3:30pm, 5:30pm **Session 2:** 9:45am, 1:00pm, 5:30pm **Session 3:** 9:45am, 11:30am, 5:30pm

Saturdays: 10:00am

Minimum/Maximum: 3/varies

CLASS DESCRIPTIONS AND TIMES (CONT.)

LEVEL 3

Students are given an introduction to the elementary backstroke as well as treading water. They also will learn to coordinate and improve the front crawl and backstroke. Some shallow diving will be introduced.

TIMES

Session 1: 9:45am, 1:00pm, 5:30pm **Session 2:** 9:45am, 11:30am, 5:30pm **Session 3:** 9:45am, 3:300pm, 5:30pm

Saturdays: 10:00am

Minimum/Maximum: 3/varies

LEVEL 4

Students work on improving their strokes and increasing their endurance. We will be reviewing the elementary backstroke, front crawl, back crawl, treading water and shallow diving. The instructor will introduce the breaststroke, sidestroke, and rhythmic breathing.

TIMES

Session 1: 9:45am, 1:00pm, 5:30pm **Session 2:** 9:45am, 1:00pm, 5:30pm **Session 3:** 9:45am, 1:00pm, 5:30pm

Saturdays: 9:00am

Minimum/Maximum: 3/varies

LEVEL 5

This class is for advanced swimmers looking to improve their strokes; front crawl, bi-lateral breathing, back crawl with body roll, breast-stroke using glides, side stroke with inverted kick and other fun advanced skills.

TIMES

Saturdays: 9:00am

Minimum/Maximum: 3/no limit

LEVEL 6

For advanced swimmers that have passed level 5. This class endorses swimming and increasing distance everyday. An endurance swimming test will be given before and after each session for comparison.

TIMES

Saturdays: 9:00am

Minimum/Maximum: 3/no limit

PRE-SCHOOL/YOUTH: SUMMER YOUTH PROGRAM - HALF DAY

Children, grouped by ages and under the guidance of our counselors, will enjoy outdoor and indoor activities on the grounds of Millbury St. School. During the day, children will rotate through a variety of activities including sports, arts and crafts, science projects, nature and so much more. More program details, a sample daily schedule and more are available at GraftonRec.com.

Age: 4 - 12 (Must be entering Kindergarten in the fall or have attended pre-school)

Days: Monday - Friday

Dates:

Session 1: July 5 - 8* *(no July 4 - Program fee is discounted)

Session 2: July 11 - 15

Session 3: July 18 - 22

Session 4: July 25 - 29

Session 5: August 1 - 5

Session 6: August 8 - 12

Time: 9:00am - 12:00pm

Location: Millbury Street School **Register By:** 1 week prior to session

Cost:

Weekly Fees

- \$75/first session or child
- \$65/each additional session or child

Early Drop-Off (8:00am - 9:00am): \$20/week



Program Notes:

• Children will need to bring the following items daily: peanut-free snack(no glass), plenty of water, sneakers (no sandals/flip-flops), hat, and sunscreen.



YOUTH: SUMMER YOUTH PROGRAM - FULL DAY

Children, grouped by ages and under the guidance of our counselors, will enjoy outdoor and indoor activities on the grounds of Millbury St. School. During the day, children will rotate through a variety of activities including sports, arts and crafts, science projects, nature and so much more. Every Friday, transportation will be provided to go to Silver Lake Beach. Field trips are held on Wednesdays for an additional fee. More program details, a sample daily schedule and more are available at GraftonRec.com.

Age: 6 - 12 (Must be entering 1st grade in the fall)

Days: Monday - Friday

Dates:

Session 1: July 5 - 8* *(no July 4 - Program fee is discounted)

Session 2: July 11 - 15 Field Trip: Roll on America

Session 3: July 18 - 22 Field Trip: Breezy Acres Waterslides

Session 4: July 25 - 29 Field Trip: Southwick Zoo

Session 5: August 1 - 5 Field Trip: SkyZone

Session 6: August 8 - 12 Field Trip: Breezy Acres Waterslides

Time: 9:00am - 4:00pm

Location: Millbury Street School **Register By:** 1 week prior to session

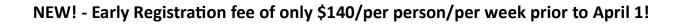
Cost:

Weekly Fees

\$150/first session or child

\$140/each additional session or child

Early Drop-Off (8:00am - 9:00am): \$20/week Late Pick-Up (4:00pm - 5:30pm): \$40/week



Program Notes:

- Children will need to bring the following items daily: peanut-free bag lunch (no glass), plenty of water and snacks, sneakers (no sandals/flip-flops), hat, and sunscreen and on Fridays a bathing suit and towel.
- Field Trips will range in price from \$25-\$30. Field trips are subject to change. Enrollment is a separate registration process and space is limited, so don't wait!
- Certified lifeguards will test the children upon arrival at Silver Lake Beach before entering the water.



15

SPORTS SINCE 1979.

PRE-SCHOOL/TOT: TINY HAWKS

In Tiny-Hawk programs, the essentials of soccer and basketball are introduced in a fun and safe environment with lots of encouragement. Children will learn balance, body movement, hand/eye coordination, and skill development through a series of sportspecific games tailored to their attention spans. *Wear loose fitting clothes, sneakers and bring a water bottle.

**Children must be toilet trained.

Please Note: Session 1 is Soccer Only

Age: 3 years - 4 years 11 months

Days: Monday - Friday

Dates:

Session 1: July 25 - 29, 2016 Session 2: August 8 - 12, 2016

Time: 8:00am - 8:50am

Location: Grafton High School Fields **Instructor:** Skyhawks Sports Academy

Register By: 1 week prior to start of session

Minimum/Maximum: 10/15

Cost: \$64

PRE-SCHOOL/TOT: MINI HAWKS

This multi-sport program was developed to give children a positive first step into athletics. The essentials of baseball, flag football and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Children will explore balance, movement, hand/eye coordination, and skill development at their own pace.

*Wear loose fitting clothing, sneakers, apply sunscreen and bring a water bottle.

Please Note: Session 2 has basketball in place

of flag football

Age: 4 - 6

Days: Monday - Friday

Dates:

Session 1: July 25 - 29, 2016 **Session 2:** August 8 - 12, 2016

Time: 9:00am - 12:00pm

Location: Grafton High School Fields **Instructor:** Skyhawks Sports Academy

Register By: 1 week prior to start of session

Minimum/Maximum: 10/30

Cost: \$104

PRE-SCHOOL/TOT: QUICK START TENNIS

This format helps kids ages 4-6 learn and play tennis. Modifications have been made to the traditional program such as smaller courts, shorter nets, foam tennis balls, and smaller racquets. Kids can begin tennis even if they have never picked up a racquet before.

*Wear loose fitting clothes, sneakers, apply sunscreen and bring a water bottle.

Age: 4 - 6

Days: Monday - Friday

Dates:

Session 1: July 25 - 29, 2016 **Session 2:** August 15 - 19, 2016

Time: 9:00am - 10:30am

Location: Grafton High School Courts **Instructor:** Skyhawks Sports Academy

Register By: 1 week prior to start of session

Minimum/Maximum: 10/30

YOUTH: MULTI-SPORT

Three sports-Soccer, Flag Football and Baseball are taught in one fun-filled week.

Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of Soccer, Flag Football & Baseball along with vital life lessons such as respect, teamwork, and self- discipline. *Wear sneakers, bring water and apply sunscreen.

Please Note: Session 2 has basketball in

place of flag football

Age: 7 - 12

Days: Monday - Friday

Dates:

Session 1: July 25 - 29, 2016 **Session 2:** August 8 - 12, 2016

Time: 8:00am - 8:50am

Location: Grafton High School Fields **Instructor:** Skyhawks Sports Academy

Register By: 1 week prior to start of session

Minimum/Maximum: 10/15

Cost: \$64



YOUTH: TENNIS

Whether you are a beginner, intermediate, or advanced player, this program will improve your game and help you get more enjoyment from tennis. Skill refinement such as proper grip, footwork, volleys and serves, as well as the fundamental skills will be taught in a fun and dynamic way. Athletes will also learn the rules and etiquette, have match play, and be given personal attention. *Wear loose fitting clothes, sneakers and bring water.

Age: 7-12

Days: Monday - Friday

Dates:

Session 1: July 25 - 29, 2016 **Session 2:** August 15- 19, 2016

Time: 9:00am - 12:00pm

Location: Grafton High School Courts **Instructor:** Skyhawks Sports Academy

Register By: 1 week prior to start of session

Minimum/Maximum: 10/30

Cost: \$104

YOUTH: VOLLEYBALL

All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This camp is for Beginners and intermediate levels. There will be game based drills and daily scrimmages at developing the whole player.

Age: 7-14

Days: Monday - Friday **Dates:** July 25 - 29, 2016 **Time:** 9:00am - 10:30am

Location: Grafton High School

Instructor: Skyhawks Sports Academy

Register By: July 18, 2016 Minimum/Maximum: 10/30

YOUTH: BABYSITTING CERTIFICATION

Learn what you need to know and what every parent wants in a responsible babysitter. Please bring a doll or stuffed toy and a peanut-free lunch or snack and a drink.

You must attend all days in the session in order to receive your certification.

Age: 11+

Days: Tuesday and Wednesday **Dates:** June 28 and 29, 2016

Time: 10:00am - 2:30pm

Location: Municipal Center Conference Room E

Instructor: Ceil Thurber
Register By: June 21, 2016
Minimum/Maximum: 10/20

Cost: \$55/person



YOUTH: HOME ALONE SAFETY

This class is designed for children who are unattended for short periods of time. Children will learn telephone and door answering techniques, accident and fire prevention and first aid skills. Please bring a peanut-free lunch or snack and a drink.

Age: 9-11

Days: Thursday

Dates: June 30, 2016

Time: 10:00am - 12:00pm

Location: Municipal Center Conference Room E

Instructor: Ceil Thurber
Register By: June 23, 2016
Minimum/Maximum: 10/20

Cost: \$45/person



YOUTH: SUPER HERO ENGINEERING USING LEGO

Save the world with LEGO Super Heroes! Build the hideouts and vehicles of your favorite caped crusaders and learn what makes them not only Super Heroes, but Super Hero Engineers! An experienced Play-Well instructor guides young heroes as they design, build, and save a city where ingenuity and Imagination can solve any conflict.

Age: 5 - 6

Days: Monday - Friday **Dates:** July 11 - 15, 2016 **Time:** 9:00am - 12:00pm

Location: Municipal Center Conference Room E

Instructor: Play-Well Teknologies Staff

Register By: July 5, 2016
Minimum/Maximum: 10/24

Cost: \$140



YOUTH: PRE-ENGINEERING USING LEGO

Let your imagination run wild with tens of thousands of LEGO! Build engineer-designed projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design. Explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenge of Engineering FUNdamentals.

Age: 5 - 6

Days: Monday - Friday

Dates: August 15 - 19, 2016 **Time:** 9:00am - 12:00pm

Location: Municipal Center Conference Room E

Instructor: Play-Well Teknologies Staff

Register By: August 8, 2016 Minimum/Maximum: 10/24



YOUTH: SUPER HERO MASTER ENGINEERING USING LEGO

LEGO Super Heroes need your help to defeat the destructive forces of evil arch-villains as they threaten LEGOpolis! Explore the tools and techniques of your favorite caped crusaders and learn what makes them not only Super Heroes but super engineers. An engineering curriculum designed by Play-Well challenges heroes to design, build, and save a city where ingenuity and imagination can solve any conflict.

Age: 7 - 11

Days: Monday - Friday **Dates:** July 11 - 15, 2016 **Time:** 1:00pm - 4:00pm

Location: Municipal Center Conference Room E

Instructor: Play-Well Teknologies Staff

Register By: July 4, 2016

Minimum/Maximum: 10/24

Cost: \$140



YOUTH: ENGINEERING FUNDAMENTALS USING LEGO

Power up your engineering skills with Play-Well and tens of thousands of LEGO! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battle-track! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

Age: 7 - 11

Days: Monday - Friday

Dates: August 15 - 19, 2016

Time: 1:00pm - 4:00pm

Location: Municipal Center Conference Room E

Instructor: Play-Well Teknologies Staff

Register By: August 8, 2016 Minimum/Maximum: 10/24



YOUTH: LIVE ACTION FLIX

Do you want to have a blast making a movie? You don't have to be an actor to star in these movies that you make from "Action" to "That's a Wrap!" You will be guided through the Hollywood process as you brainstorm, location scout, bring in props and costumes, act and direct in a collaborated movie that will be fun for the entire audience.

Flix are downloadable within a month after program ends.

Age: 7 - 13

Days: Monday - Thursday

Dates: August 8 - 11, 2016

Time: 9:00am - 12:00pm

Location: Municipal Center Conference Room E

Instructor: IncrediFlix Staff Register By: August 1, 2016 Minimum/Maximum: 6/8

Cost: \$135

YOUTH: LEGO FLIX

We know you love LEGO and can create incredible LEGO worlds; now it's time to bring those worlds to life in LEGO Stop-Motion Animated Flix! The LEGOs are provided and you bring the imagination. Students will create a LEGO set with LEGO characters for a movie they storyboard, write, shoot, and voice-over in age-appropriate groups.

Flix are downloadable within a month after program ends.

Age: 7 - 13

Days: Monday - Thursday

Dates: August 8 - 11, 2016

Time: 1:00pm - 4:00pm

Location: Municipal Center Conference Room E

Instructor: IncrediFlix Staff Register By: August 1, 2016 Minimum/Maximum: 6/14

Cost: \$135

YOUTH: LIVE ACTION AND LEGO FLIX

Are you the next star director? Actor? Writer? Cameraperson? You get to do it all in these live action flix! Make visions come true in these movies and bring those worlds come to life!

This program is a combination of both of the half day programs above. Lunch supervision is included at no cost.

Age: 7 - 13

Days: Monday - Thursday
Dates: August 8 - 11, 2016
Time: 9:00am - 4:00pm

Location: Municipal Center Conference Room E

Instructor: IncrediFlix Staff Register By: August 1, 2016 Minimum/Maximum: 6/10

SUMMER

YOUTH: ANIMATION FLIX

Each day you'll use a new style of stopmotion, combining favorites from the past with new styles, making this program different each year! It's the ultimate arts and crafts program where students create, direct, and film their movies in ageappropriate groups.

Flix are downloadable within a month after program ends.

Age: 7 - 13

Days: Monday - Thursday

Dates: August 22 - 25, 2016

Time: 9:00am - 12:00pm

Location: Municipal Center Conference Room E

Instructor: IncrediFlix Staff
Register By: August 15, 2016
Minimum/Maximum: 6/14

Cost: \$135

YOUTH: MINECRAFT FLIX

You love Minecraft! Let your imagination be your guide as you turn the popular video game into an exciting Minecraft world. Using stop-motion animation you will bring Steve, the creepers, animals and more to life. Students will write, storyboard, shoot and add voice-over in age-appropriate groups. Flix are downloadable within a month after program ends.

Age: 7 - 13

Days: Monday - Thursday
Dates: August 22 - 25, 2016
Time: 1:00pm - 4:00pm

Location: Municipal Center Conference Room E

Instructor: IncrediFlix Staff
Register By: August 15, 2016
Minimum/Maximum: 6/14

Cost: \$135



YOUTH: ANIMATION FLIX AND MINECRAFT FLIX

Each morning students will work on a new style of stop-motion animation in this ultimate arts & crafts animation program. In the afternoons, students will let their imagination be their guide as they create an exciting Minecraft world for a movie they create.

This program is a combination of both of the half day programs above. Lunch supervision is included at no cost.

Age: 7 - 13

Days: Monday - Thursday
Dates: August 22 - 25, 2016
Time: 9:00am - 4:00pm

Location: Municipal Center Conference Room E

Instructor: IncrediFlix Staff
Register By: August 15, 2016
Minimum/Maximum: 6/10

YOUTH: GOLF

Get into golf with certified PGA golf pros from Highfields Golf & Country Club. There will be comprehensive instruction on all aspects of the game including on-course instruction. Children will work with the area's top coaches to become a better all-around golfer and receive plenty of individual instruction tailored to their skill level. Highfields provides students a supportive environment for social and emotional development with a focus on individual development.

Age: 7 - 13

Days: Tuesday - Thursday

Dates:

Session 1: July 12 - 14, 2016

Session 2: July 19 - 21, 2016

Session 3: July 26 - 28, 2016

Session 4: August 2 - 4, 2016

Session 5: August 9 - 11, 2016

Session 6: August 16 - 18, 2016

Session 7: August 23 - 25, 2016

Time: 9:00am - 12:00pm

Location: Highfields Golf Club, Grafton

Instructor: Highfields Golf Club PGA Pros

Register By: 1 week prior to start of session

Minimum/Maximum: 4/12 (max 6:1 student-teacher ratio)



YOUTH: HORSE LOVERS

Learn how to ride and care for horses in this Horse Lovers Program. Students will groom and ride their horses each day under the supervision of seasoned riders and a licensed and insured instructor. No experience necessary. Our horses are gentle teachers with an aptitude for amateur riders.

Students must wear long pants and boots with a small heel. No Sneakers.

Helmets will be provided. Parents must sign a liability waiver.

Bring water and small snack.

Age: 6-12

Days: Monday-Thursday

Dates:

Session 1: TBD
Session 2: TBD
Session 3: TBD

Session 4: TBD
Session 5: TBD
Session 6: TBD
Session 7: TBD

Time: 9:00am-12:00pm

Location: Hillside Meadows, 111 George Hill Rd., Grafton

Instructor: Hillside Meadows Staff **Register By:** 1 week prior to session

Minimum/Maximum: 6/10



YOUTH: OUTDOOR ADVENTURE

Be a sportsperson for the week; take a hike on Grafton Land Trust property, learn about and partake in archery, using a compass, going fishing, canoeing and more.

All participants will need to bring the following supplies each day: backpack with spring weather gear, hat, gloves, good spring boots, change of clothing, and extra socks along with water and a lunch and snack daily, preferably peanut-free.

Age: 6-14

Days: Monday - Thursday

Dates:

Session 1: TBD
Session 2: TBD
Session 3: TBD
Session 4: TBD

Time: 9:00am-2:00pm

Location: Lions Club, Brigham Hill Rd., Grafton

Instructor: Fin & Feathers Staff

Register By: 1 week prior to session

Minimum/Maximum: 5/60

Cost: \$



EXTENDED DAY OPTIONS ARE AVAILABLE. PLEASE CONTACT FIN & FEATHER SPORTS FOR MORE INFORMATION: 508-529-3901

